

Ohio Early Intervention

**RESOURCES FOR
PROVIDERS AND FAMILIES**

www.ohioearlyintervention.org

Ohio Early Intervention Resources for Providers and Families

This directory includes resources covering a broad range of topics for early intervention staff and families: COVID-19, technology, daily needs, mental and emotional health, substance use and addiction, child welfare, and parenting

Prepared by

Early Intervention Program Consultants

Early Intervention Data and Monitoring Team DODD Training Team

April 10, 2020

Ohio Department of Developmental Disabilities

30 E. Broad Street

Columbus, Ohio 43215

To submit a resource for inclusion in this directory, please contact Lori Myers at DODD, lori.e.myers@dodd.ohio.gov



Department of
Developmental Disabilities



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Resources for Providers and Families 2020

Resources are categorized by topic COVID-19 and Technology resources are at the beginning of the document followed by other resources alphabetized by topic.

Use the quick keyword search (below) to find a resource. Resources specific to a county, city or region have the city, county or region name listed with them. Resources designated as particularly helpful by the DODD EI team have a ★ next to them.

QUICK KEYWORD SEARCH: To search this document for a specific topic, agency or area of concern, use the following search tool:

1. Press <CTRL-F> on your keyboard (hold down CTRL key while pressing the letter F at the same time)
2. Type your keyword (s) in the search box
3. Press Enter
4. Your cursor will move to the first place in the document containing your keyword and highlight the keyword

UPDATES 4/20/2020

COVID-19

[Center on the Developing Child](#)

Harvard University's Center on the Developing Child has developed a guide that pulls together information on COVID-19, including what it means for child development and shareable resources that can help parents, caregivers, child care providers, pediatricians, and others who work with families.

[Fifth Third Bank Student Loan Relief](#)

With the recent passage of the Coronavirus Aid, Relief, and Economic Security (CARES) Act and other government relief efforts, your student loan may qualify for COVID-19 hardship assistance. Contact Fifth Third to see if your loan qualifies for assistance.

[Oriana House](#)

Oriana House provides treatment for substance addiction and mental health. They are offering tele-health services currently, and Medicaid is accepted. They serve the areas of Akron, Cleveland, Fremont, Marietta, and Tiffin.

[Sesame Street Autism Resources](#)

Sesame Street has recently added guidance to help children with autism in coping with COVID-19.

[State of Ohio Pharmacy Emergency Refills](#)

The State of Ohio Board of Pharmacy has adopted guidance for extending the authority of pharmacists to issue refills during the COVID-19 crisis.

TECHNOLOGY FOR PROVIDERS AND FAMILIES

[Early Intervention Strategies for Success](#)

Virginia's Early Intervention blog includes a recent post, "10 Strategies for Engaging Parents (not Children) during Tele-Intervention."

[FIPP Tele Resources](#)

The Family, Infant and Preschool Program recently posted five infographics about getting started with tele-EI, quick tips, tele-coaching, and how to use natural learning environment practices via tele-intervention.

[GrandPad](#)

GrandPad is a simple & secure tablet for seniors. GrandPad senior tablet easily connects loved-ones ages 75+ with family & friends.

[Innovate Ohio Hotspot Locations](#)

Ohio has been working to find public hotspot locations that Ohioans can use in areas where they may not otherwise have access to the Internet. This includes such locations as public libraries, communication companies and university parking lot areas.

[Nationwide Children's Family ECHO series](#)

Family ECHO uses Zoom technology to connect families with a team of interdisciplinary experts for presentation and discussion on topics related to improving and managing behaviors, self-care, family supports and resources.

CHILD CARE

[Statewide 24/7 Breastfeeding Hotline](#)

1-888-588-3423 The Ohio Department of Health has a 24/7 Statewide Breastfeeding Hotline. The Appalachian Breastfeeding Network (ABN) operates the toll-free 24/7 hotline with live, trained lactation professionals. Services are available free of charge to all callers, including mothers, their families and partners, expectant parents and health care providers.

DAILY NECESSITIES

[Meals for Kids](#)

The U.S. Department of Agriculture has released a "[Meals for Kids](#)" [interactive map](#) to help families locate free meals for their children while schools are closed during the COVID-19 pandemic. The resource is available in both English and Spanish.

[Ohio Department of Jobs and Family Services](#)

County departments of jobs and family services offer resources and information on unemployment, finding work, food and cash assistance, childcare, veterans benefits and Medicaid. On the Ohio Department of Jobs and Families Services website, click on County Directory, then click your county name. Or you can click [View My Benefits](#) to see a list of benefit categories.

[Office of the Ohio Consumers' Council](#)

The Ohio Consumers' Council advocates for Ohio's residential utility customers before state and federal agencies and courts. Consumers unable to pay for utilities or facing disconnection of service are encouraged to contact their utility providers directly for their policies during the COVID-19 crisis.

MENTAL HEALTH - ADULT

[National Suicide Prevention Lifeline](#)

The lifeline provides free, 24/7, confidential support for people in distress, prevention and crisis resources and best practices for professionals.

[SAMHSA Disaster Distress Hotline.](#)

1-800-985-5990. The hotline is available 24/7, 365-days-a-year to provide crisis counseling and support for people experiencing emotional distress related to natural or human-caused disasters. You can also text TalkWithUs to 66746 to connect with a trained crisis counselor.

MENTAL HEALTH – CHILD

[Nationwide Children’s Psychiatric Crisis Department.](#)

Effective immediately, all Franklin County children and adolescents ages 17 and under experiencing a psychiatric emergency should be brought to the Nationwide Children’s Psychiatric Crisis Department at 444 Butterfly Garden’s Drive, Columbus, OH 43215. This is a change from the typical process of sending older youth to OSU Nationwide. Police and EMS are encouraged to call the Nationwide Children’s Emergency Communication Center at 614.722.6899 prior to arrival at the Psychiatric Crisis Department to ensure the patient is not in need of medical assistance better treated at the main campus Emergency Department.

COVID-19 RESOURCES

Please access the following links for the latest information from federal, state and local agencies

Coronavirus/COVID-19 hotline: 1-833-427-5634

[Autism Research Institute](#)

A free webinar is being offered Apr 30, 2020 at 1 pm on discussing the impact of the coronavirus with kids It will be recorded for those unable to attend

[Best Solutions Medical Supplies \(Lake Co\)](#)

They provide services related to adaptive and assistive equipment (no direct residential care) and a supply of PPE, including gloves, masks, etc They are agreeable to discuss ways to get these supplies to providers and individuals in need within our system

[Caring for Yourself](#)

Sesame Street has developed a toolkit for parents and caregivers to help children during the COVID-19 crisis The toolkit includes resources for play and self-care activities that can be done in the home

[Centers for Disease Control and Prevention \(CDC\)](#)

This website includes community resources with information on symptoms, preparing, testing and what to do if you are sick Click here to access CDC's paper, "Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities" CDC has also published the attached paper, "Questions and Answers on Providing Services to Children with Disabilities During the Coronavirus Disease 2019 Outbreak"

[Center on the Developing Child](#)

Harvard University's Center on the Developing Child has developed a guide that pulls together information on COVID-19, including what it means for child development and shareable resources that can help parents, caregivers, child care providers, pediatricians, and others who work with families.

[Child Care](#)

A listing of Ohio's approved Temporary Pandemic Care Centers open to essential workers.

[Chagrin Safety Supplies](#)

They provide PPE including masks and gowns and are committed to helping providers keep up with needs during the COVID-19 crisis. They have discontinued online ordering but can be reached at 440-543-2777

[Child Mind Institute "Talking to Kids about the Coronavirus"](#)

This guide is provided in both video (4 minutes) and narrative format

★ [DODD COVID-19 Resources](#)

This page is dedicated to DODD communications and links to helpful resources that will advise people with disabilities, their families, service providers, direct support professionals, county boards of developmental disabilities, and the community at large

[Fifth Third Bank Student Loan Relief](#)

With the recent passage of the Coronavirus Aid, Relief, and Economic Security (CARES) Act and other government relief efforts, your student loan may qualify for COVID-19 hardship assistance. Contact Fifth Third to see if your loan qualifies for assistance.

[Health Risk Screening Inc, Telemedicine and Infection Control](#)

This bulletin provides a condensed version (22 minutes) of an e-learning course about infection

[National Alliance for the Mentally Ill \(NAMI\)](#)

NAMI's landing page has a link to resources for coping with the COVID-19 crisis, including a resource guide with FAQs about the intersection of COVID-19 and mental illness

[National Child Traumatic Stress Network](#)

This agency has prepared a guide for parents and caregivers to help their families cope with stress during the COVID-19 crisis The guide is available in several languages

[The Ohio Channel](#)

This page provides links to Ohio Governor Mike DeWine's daily COVID-19 updates

[Ohio Department of Education](#)

(ODE) ODE's COVID-19 webpage lists the latest information for Ohio's schools and districts related to the coronavirus Click here to access ODE's information on "Considerations for Students with Disabilities During Ohio's Ordered School Building Closure"

★ [Ohio Department of Health](#)

(ODH) ODH is Ohio's clearinghouse for information related to the coronavirus in Ohio On the website, you will find information on prevention, treatment, statistics, public health orders, travel information and tips for staying safe and healthy.. An additional resource on this site is the [Children/Youth with Special Healthcare Needs - Covid-19 Checklist.](#)

★ [Ohio Department of Mental Health and Addiction Services \(OHMAS\), COVID-19 resources](#)

The OHMAS website includes information about coping with the stress of the COVID-19 pandemic and obtaining continuity of mental health care during this national emergency Their one-page flyer, "Top Ten Tips for Parents During the Coronavirus Outbreak" is attached

[Oriana House](#)

Oriana House provides treatment for substance addiction and mental health. They are offering tele-health services currently, and Medicaid is accepted. They serve the areas of Akron, Cleveland, Fremont, Marietta, and Tiffin.

[Sesame Street Autism Resources](#)

Sesame Street has recently added guidance to help children with autism in coping with COVID-19.

[State of Ohio Pharmacy Emergency Refills](#)

The State of Ohio Board of Pharmacy has adopted guidance for extending the authority of pharmacists to issue refills during the COVID-19 crisis.

[US National Library of Medicine](#)

The nation's largest biomedical library, this organization provides the latest medical research information on the coronavirus

[US Department of Labor](#)

The US Dept of Labor has resources to help workers and employers prepare for the COVID-19 virus including information on workplace safety, wages, hours, leave and unemployment

[World Health Organization](#)

The WHO website provides coronavirus updates, research briefs, and tools for protecting yourself (including videos and infographics)

TECHNOLOGY RESOURCES

TECHNOLOGY FOR PROVIDERS AND FAMILIES

[AT&T affordable access](#)

At&T offers discounted Internet service plans for eligible limited income households. The cost is based on the speed available in the customer's area.

[Early Intervention Strategies for Success](#)

Virginia's Early Intervention blog includes a recent post, "10 Strategies for Engaging Parents (not Children) during Tele-Intervention."

[FIPP Tele Resources](#)

The Family, Infant and Preschool Program recently posted five infographics about getting started with tele-EI, quick tips, tele-coaching, and how to use natural learning environment practices via tele-intervention.

[GrandPad](#)

GrandPad is a simple & secure tablet for seniors. GrandPad senior tablet easily connects loved-ones ages 75+ with family & friends.

[How to Conference Call in iPhone \(video\)](#)

You can use your iPhone to make conference calls for up to five participants. This two-minute video shows how to set this up on your iPhone.

[Innovate Ohio Hotspot Locations](#)

Ohio has been working to find public hotspot locations that Ohioans can use in areas where they may not otherwise have access to the Internet. This includes such locations as public libraries, communication companies and university parking lot areas.

[Nationwide Children's Family ECHO series](#)

Family ECHO uses Zoom technology to connect families with a team of interdisciplinary experts for presentation and discussion on topics related to improving and managing behaviors, self-care, family supports and resources.

[Savvy Cyber Kids, Grandparents Guide to Technology](#)

Savvy Cyber Kids is focused on educating and empowering today's digital citizens to make smart decisions as they grow up with technology Using the tools provided here, grandparents can help their grandchildren make smart digital decisions

[Stanford University Zoom Cheat Sheet](#)

This checklist includes steps for setting up an account, scheduling meetings, managing meetings and finding additional Zoom resources

[Zoom Rooms User Guide](#)

This guide includes a PDF you can print and leave in your Zoom Room with instructions for scheduling a meeting and setting up basic features There is a one-page quick start guide and a more detailed six-page guide

TELE-EI

[American Speech-Language-Hearing Association](#)

(ASHA) This document lists the laws and regulations for tele-practice in each state

[Division for Early Childhood](#)

(DEC) The DEC website includes resources to support EI and Early Childhood Special Education providers in teaching remotely

[ECTA Center, Tele-Intervention and Distance Learning](#)

The Early Childhood Technical Assistance Center has provided guidance for states on using technology to provide intervention

[FIPP \(Family, Infant and Preschool Program\)](#)

This 20-minute video on using tele-intervention during this time of social distancing includes an overview of system requirements, how to plan a visit, the three parts of a virtual visit, and what conducting an tele-intervention visit looks like in action

[Getting Started with Tele-Health for Early Intervention Providers](#)

This 41-minute video, produced by Colorado's Early Intervention program is described by one viewer as a "crash course on implementing tele-health in Early Intervention"

[Tele-Health During a State of Emergency \(Rule 5160-1-21\)](#)

This emergency rule is being implemented to expand access to medical and behavioral health services using telehealth New and established patients may be provided services through telehealth per this rule No initial face-to-face visit is necessary to initiate services through telehealth

[Tele-Intervention and the Routines-Based Model](#)

This article by Dr Robin McWilliam discusses the research behind tele-intervention, how to use technology to conduct the Routines-Based Interview and how to use tele-intervention for home visits

[Using the SS-OO-PP-RR: Guiding Home Visiting during the COVID-19 Pandemic](#)

In this 13-minute video, Juliann Woods, Jenny Seuntjens, and Larry Edelman discuss the use of the [SS-OO-PP-RR framework](#) for guiding home visits, whether in-person or delivered through video conferencing They also discuss general considerations when delivering home visits during the COVID-19 pandemic

[★ Videoconferencing 101 by Larry Edelman](#)

Dr Edelman is a Senior Instructor in the Department of Pediatrics at the University of Colorado Denver He currently serves as Director of Dissemination for JFK Partners and is one of the primary Instructors for the Interdisciplinary Training Program As an ongoing consultant to the Colorado Department of Education and the California Department of Education's Desired Results access Project, he assists with the development of approaches to child outcome measurement, professional development, technical assistance, dissemination, and strategic communication He has expertise in using Video technology to provide EI services

[What to Expect During an Early Intervention Visit](#)

This one-page learning aid summarizes the key components of coaching in EI

OTHER RESOURCES

CHILD CARE

[Childcare Center US](#)

Allows families to research childcare options by zip code, city or who accepts subsidy and to read reviews of childcare facilities Provides guidance for choosing a childcare provider

[Statewide 24/7 Breastfeeding Hotline](#)

1-888-588-3423 The Ohio Department of Health has a 24/7 Statewide Breastfeeding Hotline. The Appalachian Breastfeeding Network (ABN) operates the toll-free 24/7 hotline with live, trained lactation professionals. Services are available free of charge to all callers, including mothers, their families and partners, expectant parents and health care providers.

CHILD WELFARE

[855-OH-CHILD](#)

If you suspect abuse or neglect, please contact 855-OH-CHILD. More information is available here.

[Child Welfare Information Gateway](#)

Promotes the safety, permanency, and well-being of children and families by connecting child welfare, adoption, related professionals and the public to information, resources and tools related to child welfare, abuse and neglect, and adoption

[Franklin Co Children Services](#)

Offers a Resource Guide containing important phone numbers, and resources for issues related to health, addiction, housing, food/clothing assistance, legal services, and education

[safebaby.org](#)

Provides information and resources on such topics as Shaken Baby Syndrome, secondhand smoke, and SIDS Offers a 24/7 crying baby helpline

DAILY NECESSITIES (FOOD, SHELTER, UTILITIES, TRANSPORTATION, ETC)

When families have resource-based needs:

- Figure out the urgency? Medicine? Food? Shelter clothing? Diapers?
- What/who have they already tried? Informal supports?
- Identify ONLY possibilities (in other words you know these agencies have resources/know criteria of who they will help and what the family will need to access help)
- When needed, assist the family with identifying which resources they can/willing to try
- Offer to help call/gather verifications-develop a joint plan
- Check on the family quickly to make sure the family was/couldn't access the resource

When families run low on food/diapers/formula/medications, consider the following sources of support:

- Informal Supports (use the Ecomap)
- Local Government Agencies (health depts/JFS/)
- Local faith-based agencies
- Local community agencies (community action centers)
- Local Utility company
- Local food pantries
- Local hospitals and pharmacies
- State Agencies

[211](#)

A referral and resource line, this service directs people to appropriate resources for a variety of concerns. It is also available via text message.

[Cap4KIDS, Columbus](#)

This directory includes resources addressing a variety of family needs including housing, healthcare, childcare, safety, food, utilities and transportation.

[Children's Hunger Alliance](#)

Children's Hunger Alliance remains committed to helping feed children who are losing access to meals as a result of the coronavirus crisis. Ready-to-eat meals will be distributed outside 3 Columbus Metropolitan Library branches during the library closures related to the coronavirus pandemic. Any child 18 and under will be able to pick up two meals to take home. Meals are also being distributed at schools in Cincinnati, Cleveland, Chillicothe and Groveport.

[City Link \(Cincinnati\)](#)

Described as a coordinated place for individuals to find "an integrated, holistic path to break free from poverty and get to a place of self-sustainability and hope." Services include adult education and literacy, job readiness, spiritual development, transportation and financial education.

[Coalition on Homelessness and Housing in Ohio](#)

This Resource Guide provides information on how to access housing and homeless services in your community.

[Cuyahoga Community College, Resources](#)

This guide (attached) provides contact information for agencies that can assist with food, health care, driver's licenses, housing, emergency shelter, financial assistance, education and job opportunities. It also provides resources for mental health and addiction services and treatment.

[Meals for Kids](#)

The U.S. Department of Agriculture has released a "[Meals for Kids](#)" [interactive map](#) to help families locate free meals for their children while schools are closed during the COVID-19 pandemic. The resource is available in both English and Spanish.

★ [Molina Healthcare Resource Guide](#)

In this guide, you will find resources organized by county to address a variety of family needs including financial assistance, food, housing, employment, legal aid and other areas of need

[Northeast Ohio Coalition for the Homeless](#)

This guide lists resources in the Cleveland area for help with medical care, legal service, domestic violence, shelter, food and other social services

[Office of the Ohio Consumers' Council](#)

The Ohio Consumers' Council advocates for Ohio's residential utility customers before state and federal agencies and courts. Consumers unable to pay for utilities or facing disconnection of service are encouraged to contact their utility providers directly for their policies during the COVID-19 crisis.

[Ohio Department of Jobs and Family Services](#)

County departments of jobs and family services offer resources and information on unemployment, finding work, food and cash assistance, childcare, veterans benefits and Medicaid. On the Ohio Department of Jobs and Families Services website, click on County Directory, then click your county name. Or you can click [View My Benefits](#) to see a list of benefit categories.

[Ohio Benefits](#)

This website helps individuals in need to find healthcare, childcare, food and cash benefits It also includes links to agencies that provide mental health and addiction services, developmental disabilities services and aging services

[Ohio Mental Health and Addiction Services, Housing Assistance](#)

This page provides resources for finding affordable housing and paying for housing

★ [School Nutrition Programs and Emergency Feeding](#)

This website provides information about schools providing meals during the required school closure period It includes an interactive map with contact information for individual school districts

[St Stephens Community House \(Columbus\)](#)

Focuses on helping people become self-sufficient through a variety of programs including childcare, food and nutrition, family services, and neighborhood services

[St Vincent De Paul \(Cincinnati\)](#)

Provides a variety of services for low-income families including pharmacy and wellness, food and nutrition, homelessness prevention, clothing/ household assistance and job re-entry

[University Hospitals of Cleveland, Rainbow Center for Women and Children](#)

UHOC's Rainbow Connects has published this guide to help families access resources for food, medical care, transportation, unemployment, shelter, education and financial assistance during the COVID-19 crisis

[State of Ohio Board of Pharmacy](#)

This bulletin explains the guidance authorizing pharmacists to issue extended refills during the COVID-19 outbreak

EARLY INTERVENTION AND EARLY LEARNING

[Disability is Natural](#)

Website developed by Kathie Snow, who became an advocate, author and speaker after her son was diagnosed with cerebral palsy in 1987 Her mission is to “encourage new ways of thinking about developmental disabilities” and to “create a society where all children and adults with developmental disabilities have opportunities to live the lives of their dreams, included in all areas of life”

[Guiding Young Children’s Behavior by Supporting Social and Emotional Development \(Ohio Professional Development Network\)](#)

A field guide for early childhood professionals that explores how to address the needs of the whole child

[Help Me Grow](#)

Provides information for families and professionals about the Home Visiting Program for supporting new mothers and young children

[National Organizations Coronavirus Resources for Learners](#)

These Power Point slides include educational resources from such organizations as PBS, Brazelton Touchpoints Center, National PTA and the Public Library Association

[National Organization for Rare Disorders](#)

Provides information, resources, and opportunities for families to connect with others who have the same disorder Includes a database of organizations that provide free information and/or services for individuals and families affected by a rare disease Includes information for individuals who are “not yet diagnosed”

[Pathways](#)

Offers information and resources for areas of child development and ways to develop skills in gross motor, fine motor and communication across development

[Teaching Parents New Skills to Support Their Young Children's Development](#)

Ann P Kaiser, PhD and Terry B Hancock, PhD This article provides specific information on how to support parents during their learning journey

[Vroom](#)

Gives parents ideas for learning opportunities throughout their day
Includes recommended video for families called, "You already have what it takes"

[WrightsLaw](#)

A good source of information for families transitioning to pre-school
Includes a blog, Facebook group and special education newsletter for parents, educators and advocates

[Zero to Three](#)

Works to ensure that "babies and toddlers benefit from the early connections that are critical to their well-being and development" Offers resources, training, and technical assistance for early childhood professionals

FETAL ALCOHOL SYNDROME

[Double ARC](#)

Provides diagnosis, education, and support for parents whose child is struggling with effects of prenatal alcohol exposure Offers free support groups for parents/guardians of children with fetal alcohol syndrome

[FASD Toolkit, \(American Academy of Pediatrics\)](#)

Designed to raise awareness, promote screening, and ensure that affected children receive timely intervention

GRANDFAMILIES

[AARP: Support for Grandparents Raising Grandchildren](#)

Provides resources and information for grandparents on legal issues, finances, education and childcare, and family challenges, among others

[Council on Aging \(Greene County\)](#)

They have a Kinship Navigator who will explain their services, describe other services for which the family may be eligible and link families together through support groups and outings

[Grandparent Rights in Ohio](#)

The law office of Anthony Greco provides a summary of grandparents' rights including information about filing for custody

[Kinship Provider Support Group \(Mercer Co\)](#)

Offered through Foundations Behavioral Health Services; offers support for grandparents and other relatives

[Ohio JFS Kinship Care](#)

Offers information and a resource guide for relatives (and non-relatives) taking over care of a child

[Toledo Area Office on Aging](#)

Among other services, they have staff available to assist grandparents raising grandchildren in the Toledo area

[USA.gov](#)

Provides resources about adoption, kinship care, financial assistance and other issues related to grandparents raising grandchildren

HEARING LOSS

[Hearing First](#)

Promotes opportunities for children who are deaf or hard of hearing to learn to “listen and talk, become healthy readers and do well in school” Website is described as a “multimedia digital experience and connection point designed to link families who have chosen listening and spoken language (LSL) for their children with hearing loss, and the professionals who work with them, with the resources, information, tools, community and learning experiences they need to ensure the children in their lives succeed”

[Ohio Hands and Voices](#)

Began as a group of parents and professionals seeking change in Ohio’s deaf education system Currently serves individuals (in Ohio and nationwide) who use ASL, spoken English, total communication, cued speech, cochlear implants, hearing aids and/or no hearing technologies Provide unbiased support as individuals learn from each other and explore options

MENTAL HEALTH -Adult

[Alcohol, Drug Addiction & Mental Health Services \(ADAMHS\) Board of Cuyahoga County](#)

Plans, funds and monitors public mental health and addiction treatment and recovery services for residents of Cuyahoga Co

[Catholic Charities](#)

A national organization with over 160 agencies across the country Can search national website by location for links to local agencies Resources include supports for families with mental illness (Also often provide baby equipment, such as highchairs and cribs and often have food pantries)

[Community Counseling Center \(Ashtabula\)](#)

Community Counseling Center is a provider of quality behavioral health care services that utilizes evidence-based practices, offers integrated health care solutions, and seeks to broaden community access to treatment

[Depression and Bipolar Support Alliance, Facing Us Clubhouse](#)

Provides an online support community for individuals with mood disorders Includes a variety of wellness tools, peer support activities and resources for treatment

[Four County Family Center \(Family Service of Northwest Ohio\)](#)

Their mission is "to empower families to manage life's challenges by providing high quality and affordable counseling, home care, outreach, advocacy and prevention education services to Northwest Ohio families"

[Frontline Service](#)

Services include a 24/7 suicide hotline for children and adults, help for individuals who are homeless and intensive clinical services for individuals who have experienced trauma

[Help Me Grow Home Visiting](#)

Partners with parents to create the foundational engagement and attachment skills that may be lacking but are necessary for the follow through between visits

[Incredible Years Parenting Class \(through Foundations Behavioral Services\)](#)

An evidence-based parenting program focused on strengthening parenting skills and fostering parent involvement in children's school experience
Programs are grouped by the age of the child (0 to 12 years)

[Lake Co ADAMHS Board](#)

Provides information and resources for individuals dealing with a mental illness or addiction

[Mental Health and Recovery Board of Clark, Greene and Madison Counties](#)

With 21 member agencies throughout the three-county area, the Mental Health & Recovery Board is well positioned to provide all citizens of Clark, Greene and Madison Counties convenient access to the mental health, alcohol and other drug addiction treatment, prevention and support services they need MHRB and its member agencies are committed to providing the community with the highest quality of care

[Mental Health America](#)

Non-profit organization dedicated to addressing the needs of those living with mental illness and to promoting the mental health of all Has Ohio affiliates in Franklin, Licking, Union and Erie Counties

[Mental Health First Aid at Work](#)

A skills-based corporate training program that "teaches employees how to notice and support an individual who may be experiencing a mental health or substance use concern or crisis and connect them with appropriate resources" Available as a four-hour course or an 8-hour certification program

[National Alliance for the Mentally Ill \(NAMI\) Family Support Group](#)

Offers peer-led support groups for family, caregivers, and loved ones of people living with mental illness Groups follow a structured model that gives everyone the opportunity to be heard and to get what they need

[National Alliance for the Mentally Ill \(NAMI\), Delaware and Morrow Counties](#)

Provides local chapter activities as well as resources, volunteer opportunities and local newsletter

[National Suicide Prevention Lifeline](#)

The lifeline provides free, 24/7, confidential support for people in distress, prevention and crisis resources and best practices for professionals.

[OhioGuidestone](#)

A resource for families when parents have concerns about their child's behavior or are experiencing their own mental health issues Offers customized programs to fit the needs of the child, family and community

[Ohio Mental Health and Addiction Services \(OHMAS\)](#)

The OMHAS website offers resources for housing, disaster services, family supports, family health and medication assistance, among other issues Click these links to find more information

- [Children](#)
- [Deaf and hard of hearing](#)
- [Family Support](#)
- [GetHelpNow](#)
- [Healthy Babies](#)
- [Housing](#)
- [Schools and communities](#)
- [Stress](#)

[Pathway Caring for Children \(Carroll, Stark and Cuyahoga Counties\)](#)

Offers mental health services for adults, children, and families Also offers foster care and adoption services

[POEM \(Perinatal Outreach and Encouragement\)](#)

A website started by moms who have survived prenatal/postpartum depression or anxiety, POEM is the Ohio Coordinator of Postpartum Support International They use trained volunteers to “guide and assist other moms in finding the help they need” and offer tools for professionals working with new and expectant moms

[SAMHSA Disaster Distress Hotline.](#)

1-800-985-5990. The hotline is available 24/7, 365-days-a-year to provide crisis counseling and support for people experiencing emotional distress related to natural or human-caused disasters. You can also text TalkWithUs to 66746 to connect with a trained crisis counselor.

[Schizophrenia and Related Disorders Alliance of America \(SARDAA\)](#)

Promotes improvement in the lives of people with schizophrenia and related disorders and their families by building awareness and offering support, resources, and recovery

[Windsor Laurelwood Center for Behavioral Medicine \(Willoughby OH\)](#)

Offers mental health and substance use treatment for individuals aged 6 through adult Includes services such as partial hospitalization, substance use rehabilitation, and dual diagnosis care

MENTAL HEALTH - Child

[Child Focus, Inc](#)

Provides comprehensive resources to “meet the needs of children and their families in Clermont County” Includes programs for mental health, early learning and foster care, and offers community trainings on such topics as positive parenting, trauma-informed care, and challenging behavior

[Child Trends](#)

Child Trends is a national research organization dedicated to improving the lives of children and youth, especially the most vulnerable. They recently published the article, "Resources for Supporting Children's Emotional Well-being during the COVID-19 Pandemic"

[Facts for Families: Children of Parents with Mental Illness](#)

This article talks about the risks for childhood mental illness when parents have a mental illness and protective factors that can decrease the risk.

[Healthy Place: America's Mental Health Channel](#)

Offers information and resources for parenting children with mental health concerns. They have a social network (HealthyPlace.com Support Network) where parents can communicate with other parents who have similar experiences.

[Nationwide Children's Psychiatric Crisis Department.](#)

Effective immediately, all Franklin County children and adolescents ages 17 and under experiencing a psychiatric emergency should be brought to the Nationwide Children's Psychiatric Crisis Department at 444 Butterfly Garden's Drive, Columbus, OH 43215. This is a change from the typical process of sending older youth to OSU Nationwide. Police and EMS are encouraged to call the Nationwide Children's Emergency Communication Center at **614.722.6899** prior to arrival at the Psychiatric Crisis Department to ensure the patient is not in need of medical assistance better treated at the main campus Emergency Department.

[Nationwide Children's Hospital/Ohio Preschool Expulsion Prevention Partnership](#)

Provides a phone number that links individuals with local early childhood consultants for the Preschool Expulsion Prevention partnership. Consultants can complete onsite assessments within two business days and recommend strategies and interventions.

[Ohio Association of County Behavioral Health Authorities](#)

Provides a directory of mental health and recovery resources by county

[Ohio Center for Autism and Low Incidence \(OCALI\)](#)

Through a grant from the Ohio Department of Education, works to improve outcomes for children with disabilities, including those with autism and low-incidence disabilities, through leadership, training, technical assistance, collaboration and technology Includes a lending library and Family Center

[Ohio Department of Mental Health & Addiction Services, Early Childhood Mental Health Initiative](#)

Provides cross-system leadership to support evidence-based training for parents and caregivers in helping their children build social-emotional health

[Ohio Professional Registry](#)

Offers Early Childhood Mental Health trainings

[Play and Language for Autistic Youngsters \(PLAY\) Project](#)

An early intervention program that helps young children with autism improve their language, development, behavior and social skills and decrease autism severity

[The Village Network](#)

Provides early childhood mental health consultation

NEONATAL ABSTINENCE SYNDROME

[Double ARC](#)

Provides diagnosis, education, and support for parents whose child is struggling with the effects of prenatal alcohol exposure Offers free support groups for parents and guardians of children with fetal alcohol syndrome

[March of Dimes](#)

Fact sheet with information on signs/symptoms, prevention, and treatment of Neonatal Abstinence Syndrome

[The Mommies Toolkit: Improving Outcomes for Families Impacted by Neonatal Abstinence Syndrome](#)

A creation of the Texas Dept of State Health Services, this guide provides information about the effects of opiates and other drugs, the challenges brought about because of the initial problem and how to address safety, involvement with CSB, and topics that may come up as potential stressors that lead to functional outcomes

[Neonatal Abstinence Syndrome: A Guide for Families,](#)

From the Ohio Perinatal Quality Collaborative (see Attached) Designed for parents, this 13-page booklet provides clear, concise information about signs, symptoms, treatments and strategies to help babies with NAS

["Neonatal Abstinence Syndrome: Treatment and Pediatric Outcomes," National Institutes of Health](#)

Summarizes what is currently known about short and long-term effects of NAS

[Stable Cradle](#)

A program designed to "promote healthy babies by using the assistance of health advocates and mentors" The goal is to promote the confidence of new moms and to provide services and information for moms to determine the best ways to deal with their situations A service of Maryhaven Treatment Center for Addiction

PARENTING

[Parent Mentoring Program \(Personal & Family Counseling Services, Carroll County\)](#)

A home- based program that assesses a family's needs and develops a plan to address parenting concerns and child behavioral problems Uses the Nurturing Parenting, the Incredible Years and the Positive Parenting Programs For more information: 330-343-8171 or pfcs@pfcs1.org

[Parents Who Are Incarcerated](#)

A toolkit developed by the staff at Sesame Street Designed to help children and caregivers whose loved one is incarcerated Includes a video with some of the Sesame Street characters talking about family members who are incarcerated

[Red Treehouse](#)

Described as an online resource "promoting and supporting the physical, emotional, intellectual and social development of children and young adults, prenatal-25" Includes a helpful introductory video that describes how to use the site Can search by county, age of child and/or topic of interest

PARENTS WITH INTELLECTUAL DISABILITIES

[The Association for Successful Parenting, A Chance to Parent](#)

Strives to enhance the lives of families when parents have learning difficulties Provides support via research, training, advocating for social justice, consultation with early childhood partners, and partnering with self-advocates

[Connecticut Assessment Interview Guide](#)

Developed by the Connecticut Parents with Cognitive Limitations Workgroup, this guide helps practitioners assess whether their clients have cognitive limitations

[Help Me Grow Home Visiting](#)

Partners with parents to create the foundational engagement and attachment skills that may be lacking but are necessary for the follow through between early intervention visits

SENSORY PROCESSING DISORDERS

[sensationalbrain.com](#)

Offers an online tool for creating effective sensory diets for children and adults

[A Sensory Life](#)

Provides handouts for dealing with sensory issues during activities such as going to the doctor, hospital, and dentist

[Sensory Processing Disorder Parent Connections](#)

Site started by a mom based on her experience with her two children who have multiple disabilities, including sensory processing disorders Promotes support, education, and awareness for parents and providers

[YourKidsTable.com](#)

An occupational therapist who is a mom of picky eaters offers ideas for parents whose children have eating and sensory concerns

SERVICES ACROSS AGENCIES

[Family and Children First Council \(FCFC\)](#)

Provides overall service coordination across agencies that can help families keep agencies working together on their behalf

SOCIAL EMOTIONAL DEVELOPMENT

[Center for the Social and Emotional Foundations for Early Learning](#)

The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5 CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country

SUBSTANCE USE AND ADDICTION

[Montgomery Co ADAMHS.](#)

Helpful Links page This page provides quick links to a variety of mental health and addiction resources and agencies

[National Association for Children of Alcoholics \(NACOA\)](#)

Described as a “voice for the children,” this site offers information for “anyone interested in providing support to children living with parental alcoholism/addiction, and their parents”

[National Institute on Drug Abuse](#)

This website provides helpful articles about prevention of substance abuse, treatment for addiction and possible effects on parenting

[Partnership for Drug Free Kids](#)

This non-profit agency is committed to supporting families as they address substance use and addiction, from prevention to recovery The website includes lots of information and numerous resources, including how to talk to children as young as age two about the dangers of substance use

[Promises Treatment Center](#)

While this facility is in California, their website offers a lot of facts and statistics on drug and alcohol addiction and includes resource links for professionals and families

[Quest Recovery and Prevention Services \(Stark and Carroll Counties\)](#)

Offers education, prevention, and treatment for alcohol, drug and other addictive behaviors Resources include an opiate detox facility, residential services, recovery housing, drug testing, and medication- assisted recovery

[Recovery Resources](#)

In 2000, two Cleveland agencies merged to become Recovery Resources, where mental illness and addictions of all types could be treated under one roof in an integrated way – a critical need for those dually diagnosed Community Challenge was added in 2008, which increased services for young people in the suburban West Shore In 2011, Spectrum of Supportive Services was added, which includes housing services and services focused on helping people re-enter the workforce In October of 2018, the agency partnered with MetroHealth to collaborate on behavioral health and addiction services

[Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#)

SAMHSA is the agency within the US Department of Health and Human Services responsible for leading public health efforts to improve behavioral health across the nation In addition to data and publications, their website provides guidance for locating mental health treatment

[Teen Challenge USA](#)

Offers faith-based, holistic addiction services for teens and adults Includes residential, non-residential, prevention and recovery services